

1 Nahalat Binyamin st.

# POLI HOUSE

Tel Aviv

## TREATMENT MENU

**SWEET POLI / SWEDISH MASSAGE** – THE RIGHT MASSAGE FOR THOSE SEEKING REST AND RELAXATION. A TRADITIONAL MASSAGE THAT COUPLES SENSUAL BODY OILS WITH SMOOTH, LONG STROKES APPLIED WITH LIGHT TO MODERATE PRESSURE. 325 NIS / 50 MINUTES

**DEEP POLI / DEEP TISSUE MASSAGE** – ESPECIALLY RECOMMENDED FOR THE STRESSED OUT AND BUSY INDIVIDUALS. THIS IS AN INVIGORATING MASSAGE THAT USES DEEP PRESSURE TO PROMOTE THE RECOVERY AND RELAXATION OF STRAINED MUSCLES. 325 NIS / 50 MINUTES

**MIXED UP POLI / MIXED TECHNIQUE MASSAGE** – BASED ON THE CLASSIC SWEDISH MASSAGE, THIS OIL BASED TREATMENT COMBINES OTHER TECHNIQUES AS WELL, SUCH AS DEEP TISSUE, LUMI-LUMI AND MORE. 325 NIS / 50 MINUTES

**FLEXED POLI / REFLEXOLOGY** - AN ALTERNATE PATH TO A RELAXED BODY AND SOUL. REFLEX AREAS ON THE HANDS AND FEET - CORRESPONDING TO ALL PARTS OF THE BODY - ARE STIMULATED. TENSION AND STRESS ARE RELIEVED IN A NATURAL WAY. 375 NIS / 50 MINUTES

**HOT POLI / HOT STONE MASSAGE** – CLEANSE YOUR BODY OF URBAN TOXINS. WARMED LAVA STONES ARE PLACED ALONG THE BODY'S MERIDIANS AND ARE USED TO KNEAD AND SOOTHE SORE, TIRED MUSCLES. 375 NIS / 50 MINUTES

## COUPLES PACKAGES

### **BIG POLI TREAT - CLASSIC PACKAGE**

SWEDISH / DEEP TISSUE / MIXED TECHNIQUE MASSAGE FOR TWO  
REFRESHING BOTTLE OF CAVA 645 NIS / 50 MINUTES

### **BIGGER POLI TREAT - DELUXE PACKAGE**

SWEDISH / DEEP TISSUE / MIXED TECHNIQUE MASSAGE FOR TWO  
EXTRA FOOT / NECK / BACK MASSAGE FOR TWO  
REFRESHING BOTTLE OF CAVA. 945 NIS / 80 MIN

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\* THE TREATMENTS MUST BE BOOKED IN ADVANCE THROUGH THE FRONT DESK

\* ON WEEKENDS (FRI-SAT) AN EXTRA 50 NIS IS CHARGED PER PERSON

\* EXTRA FOOT / NECK / BACK MASSAGE – 150 NIS / 30 MIN PER PERSON

\* HOT STONE MASSAGE IN A COUPLES PACKAGE – 50 NIS EXTRA PER PERSON